

**TRUE**<sup>®</sup>

C O M M E R C I A L  
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**SPECTRUM**



**HIGH INTENSITY  
TRAINING**

## ***The Most Versatile Cardio Machine On The Market***

A stepper, elliptical and runner all in one machine --- that's the new TRUE Spectrum. The TRUE Spectrum provides versatility for every user with 1" stride adjustments from 13" to 30", providing the most comprehensive total-body workout on the market today. With quick keys, users can go from a stepping motion to a full-stride running motion in a push of a button, to work out a variety of muscle groups in one cardio session. With this HIGH INTENSITY TRAINING machine, TRUE is revolutionizing the cardio market. Manufactured with the highest quality components and rigorous testing, the TRUE Spectrum stands up to the TRUE standards known in the fitness industry for over thirty-four years.



<b>TECHNICAL SPECIFICATIONS</b>	<b>Power Source</b>	110V (220V option available)
	<b>Cord Length</b>	12' (3.7M)
	<b>Drive System</b>	Core Drive™
	<b>Total Body Workout</b>	Cardio 360™
	<b>Resistance Source</b>	Electromagnetic Eddy Current Brake
	<b>Maximum Workload</b>	600 Watts
	<b>Frame Construction</b>	Robotically Welded Heavy-Gauge Steel
	<b>Quick Stride Buttons</b>	13", 17", 21", 25", 30" (Transcend16, Transend10, Escalate9)
	<b>Adjustable Stride Range</b>	13" to 30" (1" increments)
	<b>Footpad</b>	Soft Step Cushioned Anti-Fatigue Material
	<b>Multi Grip Exercise Arms</b>	Ergonomic Multi-Grip Handles with Stride and Workload Quick Keys
	<b>Handrail Design</b>	Center Contact Heart Rate Grips
	<b>Side Step Design</b>	Brushed Aluminum with Textured Pattern
	<b>Contact Heart Rate Monitoring</b>	Yes
<b>Wireless Heart Rate Monitoring</b>	Polar® Compatible	
<b>AVAILABLE CONSOLES</b>	Transcend16, Transcend10, Escalate15, Escalate9, Emerge	
<b>Cardio 360™</b>	<b>Upper Body Isolation</b>	Yes
	<b>Lower Body Isolation</b>	Yes
	<b>Total Body</b>	Yes
<b>SAFETY</b>	<b>Side Steps</b>	Standard
	<b>Extended Handrails</b>	Standard
	<b>Activity Guard (removable)</b>	Standard
<b>REGULATORY APPROVALS</b>	ETL UL1647, CSA, CE, EN957, FCC	
<b>EXTRAS</b>	<b>Accessories</b>	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
<b>PHYSICAL SPECIFICATIONS</b>	<b>Footprint</b>	78"L x 36"W (197cm x 91 cm)
	<b>Active Footprint</b>	85"L x 36"W (214cm x 91 cm)
	<b>Q-Factor</b>	1.9" (4.8 cm)
	<b>Machine Weight</b>	425 lbs / 193 kg (estimate)
	<b>Shipping Weight</b>	475 lbs / 215 kg (estimate)
	<b>Maximum User Weight</b>	400 lbs. (181 kg)
	<b>Step-Up Height</b>	5" (13 cm)
	<b>Portability</b>	2 Front Transport Wheels
<b>WARRANTY</b>	<b>Warranty Classification</b>	Commercial (all dues paying facilities, regardless of usage)
	<b>Frame</b>	Lifetime
	<b>Parts</b>	3 Years
	<b>Labor</b>	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

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